



Skin By Design

Your Daily Glow Routine



AM Routine (Checklist)

- Cleanser
- Cyto-Glo™ Serum
- Moisturizer
- SPF



PM Routine (Checklist)

- Cleanser
- Exfoliant / Toner (2–3x per week)
- Cyto-Glo™ Serum
- Moisturizer / Night Cream

“Consistency is where transformation happens. Post this near your mirror for easy reference.”