

Your No-Drama Skin Guide

How to Use Cyto-Glo™ for Your Skin Type

From Skin By Design



This guide keeps it simple. It's just you, your skin, and exactly how to use Cyto-Glo™ Skin Renewing Serum based on what skin actually needs.



Skin By Design



Why Skin Type Matters

I'm Lanette Sciarra, founder and CEO of Skin By Design, and I want to start this guide by addressing something too often overlooked: your skin type. One of the most frustrating things about skincare is the idea that one product should work the same for everyone. It doesn't. Your skin has its own natural rhythms and unique needs, and respecting that is the key to seeing real, lasting results.

When I developed Cyto-Glo™, I designed it to adapt—to work with your skin's biology instead of fighting against it. Still, oily skin won't respond in the same way as dry or sensitive skin. That's not a flaw in your skin; it's simply how it functions. Understanding this difference allows you to get the most out of every single drop. Think of this guide as your shortcut: no hassle, no guesswork, just clear steps to help you tailor Cyto-Glo™ to what your skin actually needs.

My goal is for you to feel confident and in control of your skincare, not confused or second-guessing. By the time you finish this guide, you'll know how to work with your skin type instead of against it, and you'll see exactly how Cyto-Glo™ was built to support that process.



1. DRY SKIN

Signs: Tightness after cleansing, flakiness, a constant thirst for moisture.

How to use Cyto-Glo™:

- **Prep:** Cleanse with a gentle, hydrating cleanser. Pat (don't rub) your face dry.
- **Serum:** While your skin is still slightly damp, apply **4–5 drops** of Cyto-Glo™.
- **Follow with:** 1–2 **pumps** of Cyto-Glo™ Cream or another rich moisturizer to seal it in.

Frequency: Use twice daily—morning and night.

Dry Skin – Pro Tip:

Use the “moisture sandwich” technique.

Apply Cyto-Glo™ while your skin is still damp (not dripping, just lightly misted if needed), then immediately follow with a moisturizer like Cyto-Glo™ Cream. This locks in hydration from both sides—inside and out—so your skin doesn't dry out again minutes later.



2. OILY SKIN

Signs: Midday shine, enlarged pores, prone to congestion and breakouts.

How to use Cyto-Glo™:

- **Prep:** Use a lightweight gel or foaming cleanser.
- **Serum:** After patting dry, apply **2–3 drops** of Cyto-Glo™—no more, no less.
- **Follow with:** A lightweight, oil-free moisturizer. One **pump** of Cyto-Glo™ Cream is usually enough if tolerated.

Frequency: Start with once daily (at night). Increase to twice daily if your skin handles it well.

Oily Skin – Pro Tip:

Don't skip moisturizer.

Oily skin often overproduces oil because it's dehydrated. Applying Cyto-Glo™ followed by a light, oil-free moisturizer signals your skin to chill out on the oil production. Skipping this step actually makes things worse.



3. COMBINATION SKIN

Signs: Oily T-zone, dry cheeks, general unevenness.

How to use Cyto-Glo™:

- **Prep:** Gentle cleanser that doesn't strip the skin.
- **Serum:** Apply **3–4 drops** of Cyto-Glo™, focusing slightly more on dry areas.
- **Follow with:** A balancing gel-cream or 1–2 **pumps** of Cyto-Glo™ Cream.

Frequency: Once daily to start. Adjust as needed.

Combination Skin – Pro Tip:

Multi-zone your routine.

Treat different areas of your face based on what they need. Apply more Cyto-Glo™ and moisturizer on dry cheeks, and go lighter in the oily T-zone. Don't force your whole face into one treatment level—it doesn't need it.



4. SENSITIVE SKIN

Signs: Redness, stinging, irritation from even mild products.

How to use Cyto-Glo™:

- **Prep:** Use a fragrance-free, non-stripping cleanser.
- **Serum:** Start with **1–2 drops** of Cyto-Glo™, and apply only to low-risk areas (not cheeks if they tend to flare up).
- **Follow with:** A barrier-repair cream. Avoid fragrance and actives. If using Cyto-Glo™ Cream, **1 pump**, max.

Frequency: 2–3 times per week. Slowly increase as your skin adjusts.

Sensitive Skin – Pro Tip:

Patch test + buffer.

Always patch test Cyto-Glo™ behind the ear or on your jawline before full use. And if you're layering actives, apply a plain moisturizer *first* (as a buffer), then follow with Cyto-Glo™. This reduces direct intensity and helps your skin build tolerance gradually.



Quick Reminders

- Always apply **Cyto-Glo™ serum** to clean, slightly damp skin.
- Use **drops** for the serum, **pumps** for the cream. Don't mix them up.
- Moisturizer always goes on top—never before.
- Give it at least 30 days before you judge it. Skin turnover takes time.
- If you're using other actives (like retinol or acids), go slow and pay attention to how your skin reacts with Cyto-Glo™ in the mix.

No matter your skin type, the goal is the same: healthier, more resilient skin that works *with* you, not against you. Cyto-Glo™ was designed by Skin By Design to deliver results without adding complexity—just smart ingredients, applied with intention. Your skin doesn't need a 10-step ritual. It needs consistency, care, and a formula that respects its natural rhythm. Start simple, adjust as you go, and trust that the real results come with time and attention.